July 19-20, 2025 | Windsor Locks, CT & Online

THE 2024 STIFF PERSON SYNDROME SYMPOSIUM

This July, The Stiff Person Syndrome Research Foundation will bring patients, caregivers, researchers, and advocates together at The 2025 SPS Symposium for two impactful days of connection, learning, and progress.

This unique event provides a supportive space for individuals facing Stiff Person Syndrome (SPS) and fosters vital discussions that will advance research and compassionate care.

Your generosity at any level is instrumental to the success of this symposium. With each donation, you are helping to build a brighter future for those affected by SPS, whether through supporting patient travel, enabling expert presentations, or facilitating groundbreaking research. Thank you for considering this opportunity to make a meaningful difference.

With appreciation and hope,

Sincerely,

Dr. Tara Zier Founder & CEO, SPS Patient The Stiff Person Syndrome Research Foundation







July 19-20, 2025 | Windsor Locks, CT & Online



Join Us in Making a Difference at The 2025 SPS Symposium!

The Stiff Person Syndrome Research Foundation (The SPSRF) invites you to support a transformative event that will bring together patients, caregivers, researchers, and advocates and advance the understanding and treatment of Stiff Person Syndrome (SPS).

Whether you choose to sponsor at one of our suggested levels or of any amount, your generosity will play a crucial role in fostering connections, sharing the latest research, and providing hope to those living with SPS. Your involvement is key to the success of this event.

Together, we can create a brighter future for the SPS community.

\$500	At the \$500 donation level , your gift can help cover travel expenses for an SPS patient, allowing them to attend the symposium in person and connect with the supportive community.	
\$1500	At the \$1,500 donation level, your contribution can support bringing leading subject matter experts to the symposium and sharing the latest innovations in SPS research with patients and families.	<u>بم</u> \٥/
\$2500	At the \$2,500 donation level , your generosity can fund onsite medical and psychological support during breakout sessions, ensuring a safe and supportive environment for all attendees.	
\$5000	At the \$5,000 donation level, your support will help SPS patients provide biorepository samples, arming researchers with the crucial insights that move us closer to better treatments.	Ś

To donate in support of the 2025 SPS Symposium, email The SPSRF at <u>events@stiffperson.org</u> or visit <u>stiffperson.org/2025Symposium</u> for more information.

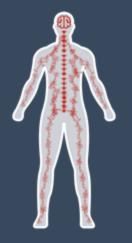
July 19-20, 2025 | Windsor Locks, CT & Online

WHAT IS STIFF PERSON SYNDROME?



WHAT IS **STIFF PERSON SYNDROME?**

Stiff Person Spectrum Disorder (SPSD), also known as Stiff Person Syndrome (SPS), is a neurological disease with autoimmune features. Usually progressive over time, SPS symptoms include severe muscle spasms, rigid limbs and body, debilitating pain, and chronic anxiety *.



SPS AFFECTS 1-2 PEOPLE PER 1.000.000*

The actual number of people suffering from SPS may be higher due to frequent misdiagnosis and the long process it takes to reach an accurate diagnosis*



ON AVERAGE, IT TAKES

7 YEARS

TO BE DIAGNOSED

WITH SPSD^{*}.



TODAY, THERE IS NO CURE FOR SPS.





THERE IS AN **URGENT NEED** FOR BETTER TREATMENTS.

PATIENTS CAN BE DISABLED, UNABLE TO WORK, OR CARE FOR THEMSELVES.



SPS CAN OFTEN BE MISDIAGNOSED AS OTHER DISEASES, RESULTING IN DELAYED **TREATMENT PLANS** FOR PATIENTS.

OCCURRENCES OF SPS:

- Females are affected twice as often as males*.
- Patients most commonly develop symptoms between the ages of 40-50*.
- 5% of cases of SPS are reported in children*.

* Source: www.hopkinsmedicine.org/health/conditionsand-diseases/stiff-person-syndrome-sps

July 19-20, 2025 | Windsor Locks, CT & Online

THE STIFF PERSON SYNDROME SYMPOSIUM

WHAT IS IT:

The SPSRF's annual symposium offers engaging presentations, discussions, and networking opportunities for inperson and online audience members. It provides new insights and practical tools for managing SPS.

WHY IS IT IMPORTANT:

The Annual SPS Symposium is designed to foster intimate and supportive exchanges among patients, caregivers, and families, ensuring that every voice is heard and valued.

"This was one of the BEST SPS events I've EVER had a chance to participate in! From the bottom of my heart, THANK YOU for hosting this event for our community!"

- Melanie C., 2024 participant

2024 PRESENTATIONS & PANEL TOPICS

The leading global experts in SPS shared insights on:

- The Future of SPS Research
- The SPS Global Registry
- Hematopoietic Stem Cell
 Transplant in SPS
- SPS Community Support
- SPS Self-Care Toolbox



2024 SYMPOSIUM REGISTRATIONS

> 75+ IN-PERSON 250+ ONLINE

GLOBAL PARTICIPANTS

The 2024 SPS Symposium brought attendees together from over 20 countries, from Australia to Norway and everywhere in between!





